Counseling Services
Hours & Availability

Location: Student Affairs
Room 226

Hours of availability
Monday,
Tuesday,
Wednesday
& Friday
8:30 a.m.– 5:00 p.m.

Thursday
9:00 a.m.– 7:00 p.m.

Saturday &
other Evening hours by
Appointment

In case of emergency during non-
service hours call 911 or:

NJMHC
866-202-HELP (4357)

New Jersey Mental Health Cares

DeVry University
Counseling Services
Mission and Philosophy
Overview of services provided

Matt Furlong
Counselor
Student Affairs Room 226
mfurlong@devry.edu
732-729-3860
Fax: 732-729-3821
630 US Highway One
North Brunswick, NJ 08902

Matt Furlong
Counselor
Student Affairs Room 226
mfurlong@devry.edu
732-729-3860
Overview of Services Provided

DeVry North Brunswick Counseling Services offer a variety of confidential counseling services to aid students in their educational progress and personal growth.

All counseling services are offered at no additional cost to DeVry North Brunswick students. The services aid in developing the student toward self-awareness and mastery using an eclectic, person-centered approach by offering:

1. Crisis counseling during times of sudden or severe psychological distress.

2. Short-term personal counseling for life situations as follows:
   - Lack of motivation or direction that may inhibit successful pursuit of college studies.
   - Anxiety, depression or confusion which may disturb ordinary life in relation to oneself, others, or academic activity.
   - Problematic use of drugs or alcohol.
   - Extreme uncertainty and inexperience relative to college life.
   - Loneliness, fear or isolation.
   - Conflicts between personal needs and values and the needs and values of others.
   - Professional evaluation, support and referral to mental health resources when necessary.

3. The counseling experience includes:
   - One hour initial session explores the needs of the student and determines what kind of assistance would be most beneficial.

4. Other services provided to students and staff throughout the academic year include:
   - Mental Health Awareness Workshops
   - Student Success Workshops
   - In-service mental health presentations to faculty and staff
   - Housing resident outreaches
   - Identify and maintain other mental health and well-being resources for our students.
   - Orientating and acculturating new students to the North Brunswick campus community.

Follow-up appointments as necessary. When more intensive or specialized service is required to meet a student’s needs, your counselor will work with you to identify appropriate options.

Strict confidentiality with information being shared with others only upon the written permission of the student or if harm to self or others is imminent.