Counseling Services
Hours & Availability

Location: Student Affairs
Room 226

Hours of availability
Monday,
Tuesday,
Wednesday
& Friday
8:30 a.m.– 5:00 p.m.

Thursday
9:00 a.m.– 7:00 p.m.
Saturday &
other Evening hours by
Appointment

In case of emergency during non-
service hours call 911 or:
NJMH
866-202-HELP (4357)

New Jersey Mental Health
Cares

Clues to
High-risk
Substance Use

DeVry
University

Counseling Services.

Matt Furlong
Counselor
Student Affairs Room 226
mfurlong@devry.edu
732-729-3860
Fax: 732-729-3821
630 US Highway One
North Brunswick, NJ 08902

Matt Furlong
Counselor
Student Affairs Room 226
mfurlong@devry.edu
732-729-3860
Faculty have reported being worried about students who frequently display the following signs:

- Poor class attendance
- Sudden change in attitude (e.g. neglecting academic studies)
- Inattentive in class (e.g. avoids class discussions and tardiness)
- Erratic behavior (e.g. mood swings)
- Missing deadlines for assignments
- Making excuses
- Poor grooming
- Writing assignments that focus on substance use and seem to be autobiographical

Students have reported being worried about fellow students who frequently display the following signs:

- Use to get intentionally drunk/high
- Use to avoid (or out of) boredom
- Use to gain social acceptance
- Miss class due to the effects of drugs/alcohol
- Sleep through class
- Use to avoid thinking about problems
- Experience a change in attitude either when using or sober (e.g. belligerent, argumentative)
- Change in mood either when using or sober (e.g. mood swings, irritability, etc.)
- Experience black outs (forget things that happen while using)
- Experience passing out (difficult to arouse)
- Use alcohol or drugs to decrease anxiety and be able to talk/dance more easily at parties
- Express suicidal ideation when using
- Preload before parties (consume alcohol and other drugs before "going out" to gain "optimal buzz")
- Engage in numerous sexual encounters while intoxicated
- Dump friends who express concern about usage
- Has developed a high tolerance to substance of choice
- Drive while using and/or rides in a car with someone who is using

If you know a student who exhibits any of the signs listed, you can help by doing the following:

- Talk to student when she/he is sober
- Relay concerns and avoid judging
- Describe to student specific behaviors you have observed
- Talk to student about potential and actual consequences of behavior
- Contact Counseling Services for tips on how to intervene
- Refer student to Counseling Services in Student Affairs

Adapted from "Making the Link-Faculty and Prevention"

The Higher Education Center for Alcohol and Other Drug Prevention

Devry University Counseling Services

Matt Furlong
Counselor
Student Affairs Room 226
mfurlong@devry.edu
732-729-3860
Fax: 732-729-3821
630 US Highway One
North Brunswick, NJ 08902